

PARK

CAFE RESTAURANT

Toast- Gourmet Artisan Bread
w/ vegemite / peanut butter / jam / marmalade

Gluten free Bread

Organic sourdough, soy and linseed

Wholemeal sourdough

Turkish bread

Raisin toast

5

4.5

4.0

3.5

Big Park Breakfast

18.9

eggs of choice, bacon, chorizo, spinach, mushroom hash brown, homemade baked beans grilled tomato and organic sourdough

Big Vegetarian Breakfast

17.5

eggs of choice , mushroom, grilled tomato, baby spinach, hash brown, avocado w/ soy and linseed sourdough

Brioche French Toast

egg washed brioche loaf with maple syrup and bacon choice of banana or fruit compote

13.5

Corn Fritters

12.5

our traditional blend of sweet corn, shallots, roast capsicum served w/ avocado salsa, balsamic caramel and baby rocket.

ParkCafe Pancakes

our own secret mix of ricotta pancakes served w/ maple syrup and your choice of banana or poached fruits

12.5

add haloumi / mushroom 3 smoked salmon 4

Park Porridge

stewed with cinnamon fresh apple and walnut topped w/ honey. Add Banana

9

Posh Salmon

15.5

or **Ham Benedict**

14.5

poached eggs served on baby spinach and organic sourdough w/ hollandaise sauce

3

Muesli w/ yoghurt, poached fruits compote

11

Baked Beans Lover

15.9

our own baked beans with speck topped w/ poached eggs, bacon ,rocket on organic sourdough

11.9

Have an Avo

choice of ricotta or feta, chopped tomato & parsley on quinoa toast w/ extra virgin olive oil

French Style Omelette

served w/ organic sourdough.

Choose any combination of THREE toppings:

Spanish chorizo , bacon, Ham, mushroom, tomato, baby spinach, onion, Swiss cheese

14.5

Parmesan Scrambled Eggs

12.5

scrambled eggs with real truffle oil, under shaved parmesan ,baby rocket on organic sourdough add Bacon/mushroom 3

Two Eggs any style with Organic Sourdough 8.5

scrambled, fried or poached organic free range eggs w/ Organic Sourdough

Sides Bacon/ spinach / baked beans /

ricotta / mushroom / haloumi / grilled tomato 3

Smoked salmon / avocado / chorizo 4

Breakfast



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Fritters 14.9
our traditional blend of sweet corn, shallots, roast capsicum served w/ grilled haloumi cheese, avocado salsa & balsamic caramel

Caesar Salad 12.9
cos lettuce, bacon, parmesan, croutons, boiled eggs, anchovies w/ caesar dressing

add chicken 4 add prawns / smoked salmon 5

Chef's Salad 13.9
mesclun, olives, fire roasted capsicum, avocado, tomato, feta, croutons w/ European dressing

Grilled Halomi Salad 14.9
Baby rocket, tomato, green apple, walnut, Spanish onion w/ balsamic dressing

Tender Lamb Salad 15.9
grilled lamb loin served with beetroot, mesclun, Fire roasted capsicum, tomato, feta, cucumber, mint & Spanish onion w/European dressing

Prawn & Avocado Salad 17.9
Grilled prawn with Avocado, Roma tomato, cucumber, Spanish onion mesclun w/European dressing.

Gourmet Sandwich 12.9

With salad or chips

Turkish/ Organic sourdough/Rye sourdough /wrap

Mediterranean vegetables with roasted red capsicum, eggplant, Sun-dried tomato, mix lettuce, feta cheese pesto

Poached organic chicken with swiss cheese, lettuce, walnuts and tarragon mayo

Smoked Tasmania salmon with cream cheese, spanish onion, capers & mixed leaves

Rare Roast Beef with tomato, homemade chilli aioli, baby rocket.

Double smoked leg ham with Swiss cheese, tomato, mixed leaves & grain mustard.

Chicken Schnitzel with lettuce, tomato Home made Spicy aioli

Park Burger & Sandwich

served w/chips

Fully loaded Cajun Chicken Burger 15.9

Grilled chicken breast marinated in cajun spices w/ bacon, lettuce, tomato, onion sweet chilli & sour cream on Turkish roll

Fisherman burger 15.9

Pan roasted Barramundi w/ lettuce, Tomato, onion, homemade Tartare sauce on Turkish roll

Traditional Double Cheese Burger 15.9

Grilled grass fed lean beef, double Swiss cheese, Spanish onion, beetroot, homemade BBQ sauce and dijon mustard on Turkish roll

Steak Sandwich 16.9

Angus Scotch fillet, tomato chutney, caramelized onion, rocket, beetroot, homemade BBQ sauce on organic sourdough

Check our board menu for daily special

Angel Hair Pasta 17.9

prawns, chilli, baby spinach and homemade napolitana sauce

Chicken Mushroom Risotto 15.9

Cooked in a Chicken broth w/Creamy White wine, top w/Rocket, Shave parmesan, & Truffle oil

Lunch



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White Wine

Innocent Bystander Chardonnay 2011 (VIC)	7.5 / 34
Capel Vale Semillon 2011 (W.A)	7.5 / 34
Kapuka Sauvignon Blanc 2011 (NZ)	7 / 30

Red Wine

Coriole Redstone Shiraz 2011 (SA)	30
Innocent Bystander Pinot Noir 2011 (VIC)	34

Beers

Peroni Nastro Azzuro	7
Crown Lager	7.5
Heineken Lager	7.5
Cascade Light	6

Fresh Juice	S 4.5	L 5.5	Jumbo 6.5
orange / watermelon / pineapple, w/ mint &/or ginger			

Smoothies	L 5.5	Jumbo 6.5
raspberry / blueberry / banana		

Milkshakes	L 5.5	Jumbo 6.5
caramel / chocolate / vanilla / strawberry		

Soft Drinks	3.8
pink grapefruit / blood orange / chinotto / passionfruit / lemonade / coca cola/zero	
Lemon, lime & bitters	5
Mineral water 330 ml	3.8
Mineral water 700 ml	7

Coffee cup 3.2	mug 4
cappuccino / flat white / caffe latte / short black / long black / macchiato / doppio / mocha	
soy, chai or decaf -	extra .50
Iced coffee	L 5 Jumbo 6
Iced chocolate	L 5 Jumbo 6
Iced mocha	L 5.5 Jumbo 6.5
Hot chocolate	L 4.5 Jumbo 5.5

Teas 3.2	
English breakfast / earl grey / irish breakfast / chamomile / peppermint / green	
Chai black tea	3.7



Drinks

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Gourmet Sandwiches

Turkish/organic white/Rye sourdough/wrap **\$8.00**

#1 **Roasted Mediterranean vegetables**, Roasted red capsicum, eggplant, Sun-dried tomato ,baby spinach feta& pesto

#2 **Organic Poached chicken** ,Swiss cheese, Cos lettuce, walnuts & tarragon Aioli.

#3 **Smoked Tasmania salmon**, Cream Cheese, Spanish onion, capers & mixed leaves

#4 **Rare Roast Beef**, Roma tomato. Hot English Aioli & baby rocket

#5 **Double Smoked Leg ham**, Swiss cheese, tomato, lettuce & grain mustard

#6 **Chicken Schnitzel** lettuce, tomato, home made Spicy Aioli

Park Sandwich& Burger

B.L.A.T **9.00**

Bacon Lettuce tomato Avocado

Steak Sandwich **10.9**

Angus Scotch fillet, tomato chutney, caramelized onion, rocket, beetroot, homemade BBQ sauce on organic sourdough

Portuguese Chicken Burger **9.00**

Chicken Breast Marinated in Cajun spices served /w Lettuce,/Tomato,Onion& Sour cream on Turkish roll

Park Cafe Club Sandwich **9.9**

Organic poached chicken, Cos lettuce, walnuts & tarragon Aioli, bacon, Fried egg on organic sourdough

Combo!

Chips + Can soft drink Add \$3.00

Risotto and Salad

Chicken Mushroom Risotto **\$12.9**

Cooked in a Chicken broth w/Creamy White wine, top w/Rocket, Shave parmesan,& Truffle oil

Park Salad **\$10.00**

Mesclun, olives, Tomato ,Feta, Croutons,Avocado in European Dressing

Add Chicken 4.00

Grilled Halomi Salad **\$13.50**

Rocket ,Tomato, Apple, walnut, Spanish Onion W/Balsamic Dressing

Take away

Take away

